

THE TENNIS COACH/PARENT "ICEBERG" ILLUSION

WHAT PEOPLE SEE →

Stroke Mechanics

Athleticism

FOOTWORK

SPEED

Stamina

SUCCESS
Is an Iceberg

COACHES
Job Descriptions

Strategy &
Tactics

WHAT PEOPLE DON'T SEE →

Teaching
Resiliency

Arrange:
Hotels & Travel

Time
Management

FOCUS

Sportsmanship

Persistence

Growth Mind Set

DISCIPLINE

Focus on
Strengths

Scheduling:
Lessons
Tournaments
Practice Sets
Training

Positive Self-Image

Organizational
Skills

Stress Management

Finance:
Equipment
Clothes
Clinics
Lessons
P.T.
Training

Problem Solving
SKILLS

ACCEPTING
RESPONSIBILITY

OPTIMISM

Promote:
Work
Ethic &
Encourage
Gratitude

SELF CONTROL

Emotional Control
Distraction Control

Good Sportsmanship

Strengthen Weaknesses

Self-Reliance

PERSEVERANCE

Performance Orientated

vs

Customize Nutrition & Hydration

Outcome Orientated

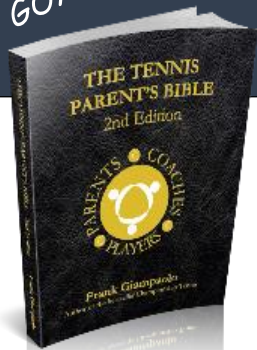
Establish
GOALS

DE-STRESS
EVENTS

Facilitate Proper Match Day
Preparation

Independency
&
Courage

Setting Priorities



THE TENNIS PARENT'S BIBLE 2ND EDITION

"It's everything you didn't even know..."

You needed to know."

To Order: www.MaximizingTennisPotential.com